

DIOCESE OF CAMDEN

Prayer for Spiritual Communion

BY SAINT ALPHONSUS LIGUORI

MY JESUS,

I BELIEVE YOU ARE PRESENT IN THE
MOST BLESSED SACRAMENT.

I LOVE YOU ABOVE ALL THINGS AND I
DESIRE TO RECEIVE YOU INTO MY
SOUL.

SINCE I CANNOT NOW RECEIVE YOU
SACRAMENTALLY,

COME AT LEAST SPIRITUALLY INTO MY
HEART.

I EMBRACE YOU AS IF YOU WERE
ALREADY THERE, AND UNITE MYSELF
WHOLLY TO YOU.

NEVER PERMIT ME TO BE SEPARATED
FROM YOU.

AMEN.

